MARCH 2020 ARTICLE FOR THE LOCAL ATHLETE REPORTER M. OSWALD

Spring is just around the corner and Special Olympics on the Coast is bounding along!

Bball athletes from both Sechelt and Gibsons recently attended a tourney in Coquitlam on February 22nd. Shout out to Coach Randy Younghusband for a fantastic update. Here are some highlights:

“Even with the early wake up, everyone kept their energy up and competed hard. The C-2 group had games against Coquitlam, Richmond, Langley & Surrey. Theresa scored a few baskets, Candice was always open for good chances, Dustin was there for rebounds and setting up teammates, Sara hustled all over the court, Brandon defended as well as scored, Brett hustled up and down the court while Amanda made number of nice passes.  Mike Brooks was very helpful leading warm ups and mentoring athletes.

The C-1 group also did great in a unique environment for them – a large gym, big fan area, and athletes warming up around the perimeter.  Destiny jumped in to support the Gibsons group and had a lot of fun on the court with her good passing and way of reliably scoring points.”

Keep an eye on your Coast Cable channel for a unique look at our Special O curlers in action! Ed Hill recently highlighted these great athletes in a collection of articles on curling. The taping for the upcoming episode is on Saturday February 29th.

On Tuesday March 9, the RCMP will be playing the floor hockey team at Chatelech. For all Floor Hockey fans and RCMP supporters, mark your calendars and come and cheer on the teams.

For those athletes that are interested, a Healthy Athlete Screening will be held at Sutherland Secondary School in North Vancouver on Saturday, March 14th. It is free to attend**.** This event will include hearing tests, feet and gait tests, teeth and mouth hygiene, general wellness and even sport psychology! Did I mention it was FREE??

Special O not only looks out for its athletes, but its esteemed volunteer coaches as well. For those interested in coaching at Regional, Provincial or National Games, this NCCP workshop offers the required certification. This workshop takes place in Coquitlam on March 21 and 22nd.

I was pleased to discover SOBC had posted on their Instagram page a quick piece about my personal feelings about Special O and how they epitomize Inclusion. For this and other posts follow @specialolympicsbc.

To get a heads up on all things Special O in British Columbia, check out SOBC’s e newsletter! Go to: <https://www.specialolympics.ca/british-columbia/e-newsletters> to find out more.